

## MSU Retiree Association's Web Site and Brochure

MSURA SPARTAN SENIOR NEWSLETTER June-July 2020: Online here. Previous issues click here.

TUESDAY, JUNE 23, 2020 1:30-2:30PM FACULTY EMERITI ASSOCIATION LECTURE SERIES, DR. TERESA A. SULLIVAN, MSU INTERMIN PROVOST AND EXECUTIVE VICE PRESIDENT Topic: Transforming MSU to an All-Online University Because of COVID-19. Abstract: Dr. Sullivan will share an insider's look at how decisions were made, challenges the university faced in implementing, issues going forward, and possible advantages to MSU in the future.

#### HOW TO JOIN THE ZOOM WEBINAR

Join from a PC, Mac, iPad, iPhone or Android device:
Please click this URL to join. <a href="https://msu.zoom.us/j/94148097738">https://msu.zoom.us/j/94148097738</a>
Password: FEA2020

Or join by phone:

Dial: +1 301 715 8592 Webinar ID: 941 4809 7738

International numbers available: <a href="https://msu.zoom.us/u/aeHD72Q35v">https://msu.zoom.us/u/aeHD72Q35v</a>

### \*\* CORONAVIRUS / COVID-19 \*\*

The MSU Retirees' Association Board met virtually this month and we have begun planning Fall 2020 programs. We may offer meeting attendance via the internet and/or telephone. We are exploring these options and will do so if technically and financially feasible.

MSURA Volunteer of the Year Award Nominations, deadline is June 30, 2020. If you would like to nominate a MSU retiree volunteer for this award, you may do so by sending an email to Jacqueline Babcock at <a href="mailto:jbabcock@msu.edu">jbabcock@msu.edu</a>. Include in the email the person's

name and contact information along with the reason(s) you are nominating them for this award.

## **Helpful Resources for Retirees**

- MSU Extension Online Resources (including adult online learning/ health and wellness content): <a href="https://www.canr.msu.edu/rlr/index">https://www.canr.msu.edu/rlr/index</a>
- MSU Alumni Livestream Catalog: <a href="https://alumni.msu.edu/learn/">https://alumni.msu.edu/learn/</a> online/livestream-and-video-content/
- MSU WorkLife Office Webinars: <a href="https://worklife.msu.edu/blog/taking-care-yourself-times-uncertainty">https://worklife.msu.edu/blog/taking-care-yourself-times-uncertainty</a>



# WOULD YOU LIKE TO MAKE FACE MASKS AND HELP PREVENT COVID-19?

The MSUQuilters have been meeting the challenge to sew fabric face masks. Five of the quilters have made over 160 masks that were given to McLaren Hospice and the Holt Senior Care and Rehab. Also, many of our quilters have busy making masks for their families and friends. We have also been asked to supply a large number of masks for the EL Rotary to distribute. Please contact Ann Booren at <a href="mailto:boorena@msu.edu">boorena@msu.edu</a> if you are willing to sew masks. Thank you.

### **VOLUNTEER OPPORTUNITIES**

If you are looking for meaningful opportunities to serve others during the COVID19 situation, the East Lansing Primetime program is referring people who want to help register as a volunteer to call homebound seniors who would like to be called. To register they can use the link below to the Tri County Office on Aging (TCOA) to reach out to recipients of Meals on Wheels . TCOA is trying to reduce exposure to this vulnerable population of seniors who receive MOW, so they will only deliver meals weekly rather than daily. They will be receiving frozen

meals they can heat up. TCOA appreciates the support of those willing to help with calls.

The first step to volunteering is to register as a volunteer at <a href="https://www.tcoa.org/volunteer">www.tcoa.org/volunteer</a>. They will process applications and reach out to people as quickly as they can. A simple phone call can help people feel connected to the outside world. If possible it would be great if MSU Retirees could participate.

VACCINATIONS FREE TO MSU RETIREES at MSU Clinical Center Pharmacy Monday through Friday 8AM to 5PM. Questions check Pharmacy's web site or call the Pharmacy, 517-353-3000.

- \* Flu vaccines
- \* Shingles vaccines, "SHINGRIX"
- \* Tetanus vaccines, "Tdap"

## TRI-COUNTY OFFICE ON AGING PROGRAMS FOR SENIORS

Tri-County Office on aging has a number of programs to assist seniors? Most are FREE of charge. Check out what they have coming up including programming addressing: diabetes, chronic pain, managing concerns about falls, and programs for caregivers too. <a href="https://www.tcoa.org/classesevidence-based-programs/">https://www.tcoa.org/classesevidence-based-programs/</a>

MSU ELI AND EDYTHE BROAD ART MUSEUM EVENTS, current and up coming events.

**MSU COLLEGE OF MUSIC EVENTS.** Interested in musical experiences? See their website's <u>Events Page</u> for upcoming performances, along with details.

**MSU THEATER'S EVENTS,** check out <u>theatre.msu.edu</u> to see the special events and programming.

**MSURA GROUPS AND ACTIVITIES:** There are several interest groups on our website – with everything from bowling to walking <u>click</u> <u>for list</u>. Below is information on current active groups.

GROUP	MSURA GENERAL INFORMATION	CONTACT
Amateur Radio Club	We are amateur radio enthusiasts.	Ed Oxer, W8EO at oxer@msu.edu.
<u>Genealogy</u>	Meets monthly, contact Cathy Estrada for more information.	Cathy Estrada cje1026@yahoo.com (517) 256-3733
<u>Knitters</u>	Meetings are every other Tuesday in room 27 Nisbet bldg.	Rosemary Pavlik, pavlik@msu.edu
<u>Quilters</u>	3 <sup>rd</sup> Monday of each month at 1:00PM at University Luther Church, 2010 S. Harrison, EL	Ann Booren, boorena@msu.edu
Travel Discussion	Contact AI LeBlanc for meeting times and more information.	Al LeBlanc aleblanc@msu.edu or 517-655-6545
Military History Study	Meetings announced through email. Contact Al LeBlanc for more information.	Al LeBlanc aleblanc@msu.edu or 517-655-6545
Walking	Walk the campus river trail and other great places with your fellow retirees. Contact Rick Vogt for more information.	Rick Vogt, vogtrick@comcast.net

MSURA FACEBOOK PAGE: Are you involved in an interesting endeavor? MSURA wants to hear from you! Send us photos and/or a paragraph of your involvement and we'll add to the MSURA Facebook page. View all MSURA posts and photos at <a href="https://www.facebook.com/MSURetirees">https://www.facebook.com/MSURetirees</a>.

MSURA ENDOWED STUDENT SCHOLARSHIP: The MSU Retirees' Association started an endowed student scholarship in 2015. We wanted to support the next generation of our Spartan families. Today,

we have endowed two scholarships and we are working on the third. These \$2500 scholarships are a big help in helping our young people. If you would like to contribute or make a pledge, go to <a href="www.givingto.msu.edu/1923">www.givingto.msu.edu/1923</a>; Additional contributions are welcomed and very much appreciated by the MSU students who benefit from these scholarships.

**MSURA VOLUNTEERS:** The MSU Retirees Association is an all-volunteer organization, and everything we do is made possible by MSU retirees and their spouses. If you have an interest in volunteering with the MSURA by sharing your ideas, time and talents, or willing to help in any way, please give us call at <u>517-353-7896</u> and leave your name and phone number. Thank you for your interest and willingness to serve MSURA.

(en1854)

MSURA Contact Information: 22 Nisbet Building, 1407 S. Harrison Rd, East Lansing, MI 48823-5239. Phone (517) 353-7896; email msura@msu.edu; website www.retirees.msu.edu; Join our Facebook page; To unsubscribe or change your email address: MSURA.List.Manager@gmail.com